

PRODUCT DATA SHEET

CAL-MAG CITRATE POWDER

DESCRIPTION

Dietary Supplement

Cal-Mag Citrate (Effervescent)

Supplement Facts

Serving Size: One Scoop Servings Per Container: 43

Each (5.2 g) Scoop Contains:		% DV
Vitamin C (as Ascorbic Acid)	500 mg.	833%
Calcium (Citrate / Ascorbate reacted from Calcium Carbonate and Citric / Ascorbic Acid)	500 mg.	50%
Magnesium (Citrate / Ascorbate reacted from Magnesium Oxide and Citric / Ascorbic Acid)	200 mg.	50%
Glycine	500 mg.	*

*Daily Value (DV) not established.

M222 / 8 oz. (227 g) wt.

EXCIPIENT FREE

This product does not contain wheat, gluten, corn, yeast, soy, egg, dairy products, or artificial colors, sweeteners, or flavors. This product also does not contain lactose, palmitic acid, or magnesium, calcium, or vegetable stearates.

HOW SUPPLIED

Calcium Magnesium Citrate Effervescent Powder is supplied in 8 oz. bottles. Packed 12 bottles per case.

CONTRAINDICATIONS AND WARNINGS

This product is contraindicated in a patient with a history of hypersensitivity to any of its ingredients.

Osmotic diarrhea has been reported in some individuals taking high doses of Calcium-Magnesium Citrate Effervescent Powder.

INTERACTIONS

No known adverse interactions at publication date.

PREGNANCY WARNING

A patient who is pregnant or nursing, or who might become pregnant, should consult a health-care practitioner before using this product.

DOSAGE

Adult patients: 1/2-1 scoop, once or twice daily, or as otherwise directed by a health-care practitioner.

STORAGE

Store tightly sealed in a cool dry place, away from direct light. Keep out of the reach of children.

MANUFACTURED BY

Thorne Research, Inc.
Dover, Idaho USA 83825
800-228-1966
208-265-2488 fax
info@thorne.com
www.thorne.com

*While some companies say
they are raising their standards
... at Thorne, we set them.™*



*the Original Specialists
in Pure Encapsulations™*

EMAIL: info@thorne.com WEBSITE: www.thorne.com
TOLL FREE: (800)228-1966 TOLL-FREE FAX: (800)747-1950
P.O. BOX 25, DOVER, IDAHO, 83825

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

© 2009 Thorne Research, Inc. All rights reserved.